

A photograph of a seagull in flight over a beach. The seagull is white with dark wings and a yellow beak, flying from left to right. The background shows a blue ocean with white waves crashing onto a sandy beach. The sky is a clear, light blue.

The more you abandon to God the care  
of all temporal things, the more He will  
take care to provide for all your needs.

St. Jean Baptiste De La Salle

Come Lord Jesus, free me from my sins. Amen.